



## Return to Play Guidelines

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***Disclaimer:** This document may need to evolve along with the COVID-19 pandemic and associated Public Health Orders. Revisions will be posted at the club and on our website when necessary.*

*Feedback on this document is encouraged via email to [kaslocurling@gmail.com](mailto:kaslocurling@gmail.com).*

## MESSAGE FROM THE BOARD

Hello curlers!

Curling in Kaslo will be closer to normal this year, but there's still a COVID-19 pandemic out there. The Kaslo Curling Club will be following restrictions and guidelines put forth by Curling Canada, Curl BC, ViaSport, Interior Health, and the BC Provincial Health Officer.

All curlers should understand that when you choose to participate in physical activities outside the home during the pandemic, you may be at an increased risk of being exposed to and contracting COVID-19. Curling is considered a MEDIUM risk sport for the contraction of COVID-19 due to the colder climate and poorer ventilation of our indoor curling environment. Participants should carefully assess their personal health circumstances before engaging in curling activities.

If you decide not to curl this season, please know that we'll miss you and welcome the time when you will be able to join us on the ice again.

Please be respectful of each other as we try and make this season as enjoyable and safe as we can.

**Regional and Provincial Health Orders are legal mandates. Not following these orders would cause the club to be closed indefinitely, and club directors could be held personally liable for approving an illegal act.**

# OVERVIEW

**If you feel sick or have symptoms pertaining to COVID-19, then please stay home!** We would rather you exercise too much caution than too little. Individuals are not permitted to enter any part of the facility if they:

- have [symptoms of COVID-19](#).
- are from a household with someone showing [symptoms of COVID-19](#).
- had contact with an infected person or are in a household that is self-isolating.

## **Vaccination is now required to enter the building:**

- you must be full vaccinated with two doses.
- exemptions are allowed for
  - curlers under the age of 22.
  - those supporting a curler under the age of 22 (i.e. parent, guardian, coach).
  - adults attending an indoor, organized event of less than 50 people that does not involve sport (i.e. a meeting).
- you must show proof of vaccination and sign a [Declaration of Compliance – COVID-19](#) the first time you enter the building this season. If you are only partially vaccinated at that time, then you will have to fill it out again to attest to full vaccination.

**Masks are required in the club** except on the ice while curling or while seated for eating and drinking in the lounge. There are also exemptions for:

- children under the age of 9.
- people with health conditions or with physical, cognitive or mental impairments who cannot wear one.
- people who cannot remove a mask on their own.
- people who need to remove their masks to communicate due to another person's hearing impairment.

The [Daily Health Declaration](#) must be signed every time you enter the building and will be used for contact tracing if necessary. It confirms that:

- you do not have [symptoms of COVID-19](#) or been in contact with someone who does.
- you have signed the [Declaration of Compliance – COVID-19](#).

# ON THE ICE

## **Masks are not required on the ice while curling.**

Curling Canada's modified 4 person curling rules are no longer in effect so we can return to normal curling play. Specifically this means:

- Two sweepers are allowed.
- Opponent stones can be swept behind the T-line.
- Both skips can sweep rocks in the house at the same time.

We recommend that members continue to follow other pandemic-related practices:

- No handshakes (greet or congratulate each other verbally and with a physically distanced broom tap).
- Assign one person to mark BOTH team's scores. That person should use hand sanitizer after handling the scoreboard numbers.
- No coins will be provided to decide hammer. Curlers may:
  - bring their own coin (only 1 person handles it)
  - use rock/paper/scissors
  - use a stopwatch (odd/even)
- Each player should throw the same two rocks throughout the game.
- Do not touch another curler's rocks with your hand (use your foot or broom).
- Do not clean the bottom of your rock with your bare hand (use a glove or broom).
- Avoid team congregations on the backboards.
- If a measuring device is required, assign one of the thirds to handle the stick or laser, perform the measure, then use a sanitizing wipe to clean the stick before putting it away.
- The water cooler on the ice will **NOT** be available, please bring your own water bottle or get water from the bar.

All curlers are encouraged to use their own equipment, and buy it this year if necessary:

- **Season rentals only** of equipment (grippers, brooms, slider, stabilizer, sticks) in limited quantities will be available. Rental will be free, but juniors and novice curlers will be given first priority.
- Please let us know if equipment, either buying or renting, will be a problem for you. We will do our best to find a safe solution that gets you on the ice.

# OFF THE ICE

- Sign the [Daily Health Declaration](#) sheet as soon as you walk in the door. This is for contact tracing and to confirm that you are meeting the COVID-19 health check requirements that day. Use one of the CLEAN pens provided and put it in the USED pens box when you're done.
- Masks must be worn everywhere except on the ice while curling, and except when seated in the lounge for eating and drinking.
- Two signatures will be required to attend any curling session this year:
  - 1) [Declaration of Compliance – COVID-19](#) must be signed and dated to confirm vaccination status.
  - 2) Assumption of Risk must be signed before stepping on the ice:
    - a) [Age of Majority](#)
    - b) [Under Age of Majority](#)
- Hand sanitizer stations will be set up throughout the facility, and we will do extra cleaning.
- Please do not arrive more than 15 minutes prior to the start of your game.
- Curlers are asked to arrive ready to play and not change clothes at the club (except their shoes).
- Try to maintain physical distancing while accessing your locker and putting on your curling shoes. Please move out to the ice when you're done to give others more room.
- Games will be staggered to avoid congestion in the lobby area and allow cleaning of high touch areas.
- You can enter and leave the ice by the usual door.
- If you're late or must leave the ice when the door is closed, please use the available hand sanitizer both before and after opening it.
- The shoe cleaner will not be available this year.
- Adult spectators must also show proof of vaccination and sign a [Declaration of Compliance – COVID-19](#) to enter the club unless they are supporting a youth curler under the age of 22.
- Adults attending an indoor, organized event with less than 50 people not involving adult sport (i.e. a meeting) do not need to be vaccinated. However, they must wear a mask unless eligible for an exemption.

## **JUNIOR CURLING**

Junior curling will be offered this year, but limited to only 6 junior curlers per session.

## **PRACTICE ICE**

We will allow practice ice as the schedule permits. However, curlers are responsible for cleaning the handles of their own rocks and asked to maintain physical distancing.

## **RENTALS**

There will be no renting of the ice or the facilities to non-members until further notice. Rentals to members will be done at the discretion of the Board. Rentals must follow these Return To Play guidelines, respect the club's COVID-19 safety protocols, and conform to all relevant Public Health Orders, including the [Interior Health Order for Gatherings and Events – Sep 13, 2021 \(click for PDF\)](#).

# BAR AND LOUNGE

## **The Bar and Lounge will be OPEN!**

We will be following the [Interior Health Order for Gatherings and Events – Sep 13, 2021 \(click for PDF\)](#) and the [BC Public Health Order for Restaurants, Pubs, Bars and Nightclubs – Sep 10, 2021 \(click for PDF\)](#):

- Everyone in the lounge must be vaccinated if the bar is open.
- Masks may be removed when seated at a table for eating and drinking. Please put your mask back on when moving around the lounge.
- Only one person at a time should be at the bar to place an order. Staying at your table until the marked box in front of the bar is empty is the best way to maintain physical distancing.
- Drinks will be placed on the bar counter for pick up. Each member must collect their own drink, but please wait until the bar area is clear to do so.
- No more than 6 people per table.
- Tables and chairs have been reduced to follow physical distancing guidelines.
- Chairs are to stay with their tables, please do not move them to another table.
- Please leave empties on your table when you're finished to reduce traffic around the bar area.
- Hand sanitizer will be located at each table.
- Lounge games like ping pong, darts, foosball and Wii will not be offered this season.
- A list of everyone entering the facility will be kept for 30 days to facilitate contact tracing if necessary.

## ILLNESS PROTOCOL

The Public Health Agency of Canada advises any person who has even mild symptoms of COVID-19 to stay home and call their provincial public health authority. Symptoms include fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite. Use the self assessment tool at <https://bc.thrive.health/covid19/en> if you think you may have COVID-19.

If you become ill while at the club, even with mild COVID-19 symptoms, please report this to one of the club contacts posted at the club. You will be asked to wash and sanitize your hands, provided with a mask, and isolated or sent home. We will call 911 if symptoms are severe.

If you test positive for COVID-19 or are waiting for the results from a COVID-19 test and were in the Kaslo Curling Club in the previous 14 days, **PLEASE NOTIFY US IMMEDIATELY.**

Anyone testing positive or waiting for COVID-19 test results will not be allowed to enter the facility until they are confirmed to be free of the virus. Anyone who curled on the same day (either at the same time or after) as the individual diagnosed or being tested for COVID-19 will be considered exposed and contacted. Exposed individuals will also not be allowed to enter the facility for at least 14 days or until the suspected diagnosis is ruled out by public health authorities.

In the event of a positive COVID-19 diagnosis, we will immediately contact Interior Health for further guidance and all club members will be informed that there has been a positive case. The club may be closed until we determine it is safe to return.

**The Kaslo Curling Club may be forced to close at any time due to the COVID-19 pandemic.**

## CLUB CONTACTS

In case of illness, please either email [kaslocurling@gmail.com](mailto:kaslocurling@gmail.com), or notify one of the health & safety contacts posted at the club (i.e. the icemaker or a Board director).



## REFUND POLICY

The following policy is in effect if the club should need to close unexpectedly, or if a curler is excluded from the club due to a positive or suspected case of COVID-19:

- 1) Memberships (\$20) and lockers (\$15) will not be refunded.
- 2) 10-pack cards will be refunded for unused sessions as usual.
- 3) Dues for leagues will be refunded on a pro-rated basis:
  - The mixed Thursday/Friday league is assumed to be 20 games so, for example, a 75% refund will be offered if only 5 games are played.
  - Refunds for all other leagues organized by the club will be similarly pro-rated depending on the number of games not played as scheduled.
  - Games that were scheduled but not played by mutual agreement of the participating teams (make up games) will not be eligible for refund.
  - Privately organized leagues will be refunded at the discretion of the organizer.

## RESOURCES

[Interior Health Provincial and Regional Restrictions \(click for website\)](#)

[Interior Health Order for Gatherings and Events – Sep 13, 2021 \(click for PDF\)](#)

[BC Public Health Order for Face Coverings – Sep 28, 2021 \(click for PDF\)](#)

[BC Public Health Order for Gatherings and Events – Sep 10, 2021 \(click for PDF\)](#)

[BC Public Health Order for Restaurants, Pubs, Bars and Nightclubs – Sep 10, 2021 \(click for PDF\)](#)

[Curl BC Statement on Public Health Order Regarding Vaccination – Sep 13, 2021 \(click for website\)](#)

[Curl BC Statement on Youth Sports Health – Sep 14, 2021 \(click for website\)](#)

[Curl BC 2021-2022 Return to Curling guidelines \(click for PDF\)](#)

[Curling Canada 2021-2022 Return to Play guidelines \(click for PDF\)](#)

## *REVISION HISTORY*

Version 1.0	Sep 21, 2020	Initial release
Version 2.0	Oct 3, 2020	Change equipment rental prices Only one person may be at the bar to place an order
Version 3.0	Nov 3, 2020	Change equipment rental prices Incorporate Curl BC sweeping changes to allow a second sweeper to take over at the hogline
Version 4.0	Sep 22, 2021	Added vaccine and masking requirements Removed modified curling requirements Prioritized equipment rentals for junior and novice curlers Clarified Refund Policy to exclude lockers
Version 5.0	Oct 3, 2021	Updated per IHA regulation on sports: <ul style="list-style-type: none"><li>• double vaccination required now, not as of Oct 24, 2021</li></ul> Updated per Provincial regulation on Face Coverings: <ul style="list-style-type: none"><li>• mask exemption under the age of 9, not 12</li></ul>